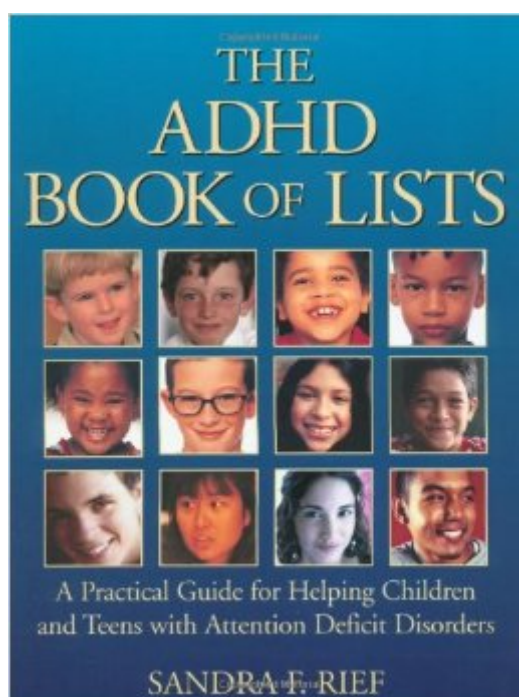


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# The ADHD Book Of Lists: A Practical Guide For Helping Children And Teens With Attention Deficit Disorders



## Synopsis

The ADHD Book of Lists is a comprehensive, reliable source of answers, practical strategies, and tools written in a convenient list format. Created for teachers (K-12), parents, school psychologists, medical and mental health professionals, counselors, and other school personnel, this important resource contains the most current information about Attention Deficit/Hyperactivity Disorder (ADHD). It is filled with the strategies, supports, and interventions that have been found to be the most effective in minimizing the problems and optimizing the success of children and teens with ADHD. The book contains a wealth of information to guide in the management of ADHD in school and at home. In addition, The ADHD Book of Lists' easy-to-use 8 1/2 x 11 lay-flat format is filled with reproducible checklists, forms, tools, and resources. A companion video by Sandra Rief is also available for purchase. ADHD & LD: Powerful Teaching Strategies and Accommodations (ISBN: 0-7879-7472-2) provides a thorough, non-technical introduction to ADD and ADHD, with hundreds of practical instructional and behavioral strategies tested in diverse elementary and middle school classrooms. It is an excellent supplement to the ADHD Book of Lists.

## Book Information

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## Customer Reviews

The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders OK, I haven't finished this book. In fact I'm only half way thru. That doesn't mean it's no good. It just is a huge book with so much information. It starts at the beginning where you suspect

something is up with your kid. How to decide if you might need professional help, where to find it, how to make the best choices for your family. This is not an easy read book. It won't engage your attention and absorb you. But it will help you organize your own personal program to handle your own little ADHD kid. Quite a bit of the info deals with medication. We decided not to go that route so I skipped over that part. However many concepts in the book assume that is the way most people go and it is an integral part of their recommended treatments. Personally we decided to go with homeopathic treatment. In one week we saw results. My son had been tested, diagnosed with ADHD and sensory processing disorder. He was receiving occupational therapy, play therapy, speech therapy. We had experimented with other alternative treatments including listening therapy, NAET, biofeedback and I can't even remember what else. He made sporadic improvements but was still a very difficult child. He had behavior problems and couldn't focus. After a week of homeopathic medicines his teacher, OT and therapist asked what we were doing differently. Here it is 6 months later and he continues to make huge improvements. He just turned 5 and can read and do math. He is focusing at school, in fact his teacher says she is amazed.

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